Open Doors Annual Report

FY 2021-22

Empowering families and individuals to overcome abuse and poverty and to attain self-reliance.

OPEN DOORS
YOU ARE ABLE

Introduction

A message from our Administrative Team

As Open Doors' Executive Director takes a year and a half leave of absence, we are as committed as ever to the community's success through the wonderful programs Open Doors has to offer.

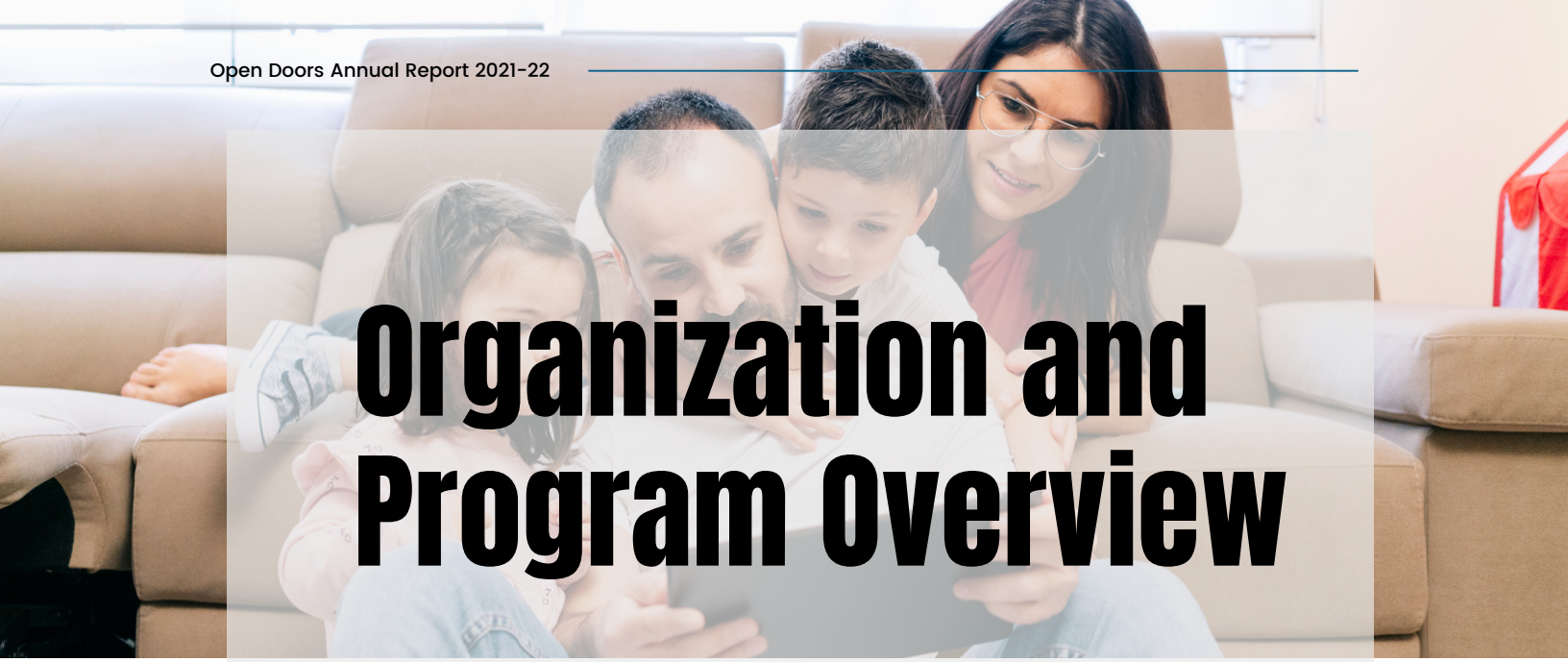
All of our programs are run by outstanding coordinators and staff who ensure that everyone who comes to us has access to every resource we are able to provide in their journey to self-reliance.

This year, we served 1,478 unduplicated individuals in-house, and helped 1,857 unduplicated individuals to apply for rent assistance through the state of Utah.

We could not continue to offer our services without your support. Thank you for every donation, every hour of your day you have volunteered, and every time you have spread the word about who we are and what we do. We are forever grateful for your confidence in us as we continue to serve Davis and Morgan Counties.

We look forward to another successful year as we join you in watching our programs continue to grow.

Daneen Adams and Donnette DeMaio, Open Doors Administrative Team



Organization and Program Overview

Since 1985, the mission of Open Doors has been to empower families and individuals to overcome abuse and poverty and to attain self-reliance.

As families and individuals work to overcome poverty and abuse, our programs are here to help! We strive to help people move from in-crisis to self-reliant, beginning right where they are. We know that no matter where you come from, and where you are now, you are able!

Circles

Circles peer mentoring program helps people work to overcome poverty through a circle of community members. The primary aim of Circles is to help people develop self-sufficiency.

Community Action

Community Action utilizes collective strength to eradicate poverty in Davis and Morgan Counties through a food bank, case management, and tax assistance.

Family Support

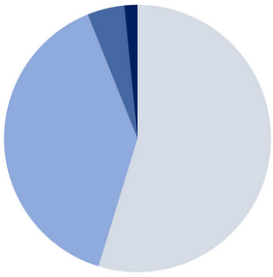
Family Support strengthens families to decrease abuse and neglect through parenting classes, a crisis nursery, and scheduled respite care that can act as a time-out for parents and children.

Homeless to Housing

Homeless to Housing program utilizes a Rapid Rehousing Model in order to promote self-sufficiency. Through support services, we help people prepare to maintain stable housing. Homeless to Housing includes our Emergency Rent Assistance program.

Financials

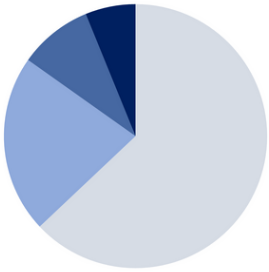
Program Donations



Total Donations: $3,495,559

- Government: $1,912,727
- In-Kind Donations: $1,370,004
- Foundations: $157,313
- Individual Donations: $55,515

Program Expenditures



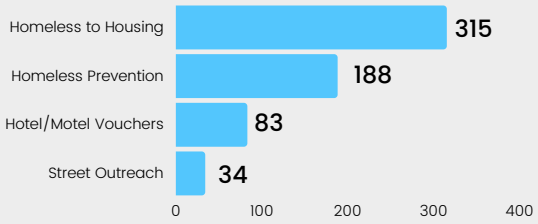
Total Expenditures: $3,802,619

- Community Action: $2,394,820
- Homeless to Housing: $829,529
- Family Support: $343,486
- Circles Program: $234,784

*Regarding why expenditures appear higher than donations, Open Doors always begins the year "in a deficit" due to the way our food bank runs: there is always food in the food bank at the start of the year to be distributed, but this is not counted as donations for the current year, which makes it appear as though expenses are higher than income.

Annual Highlights

Individuals Receiving Homelessness Assistance



Emergency Rent Assistance was given to

1,857 individuals in **982 families**

Food given to the community through Open Doors food bank

834,335 lbs

3,250.65

Hours of care given in our crisis and respite nursery

Services provided by Open Doors Community Action Partnership

7,388

Volunteer Hours Donated to Open Doors

11,311.55

Teens who graduated from Circles Youth

6

Circles Davis County

Circles focuses on reducing poverty by teaching job skills and encouraging higher learning. Weekly meetings are held where participants meet with Circles staff, school board officials, local law enforcement agencies, city officials, staffing agencies, local businesses, and trade school representatives to learn skills and set goals.

Following a local school tragedy, Circles youth took on the challenging issues of bullying and racism within our schools. Youth organized meetings and invited school board officials, and state, county, and city officials to discuss their concerns and make their voices heard. The anti-bullying campaign kicked off on April 28th at the annual "Together We Ball" event with Davis County Police Officers. The youth have made a great impact in the surrounding communities and amongst each other.

One of our teens we are most proud of is a young man who initially came to Circles with both health and learning issues. He wanted to change his life, and because of the support he received from Circles, we were able to see him walk the stage at his graduation. He is now requesting to be transferred to the adult Circles program to continue his growth.

Mental Health
82%

Despite the stresses of recovering from the COVID-19 pandemic, 82% of Circles participants reported a decrease in stress and depression.

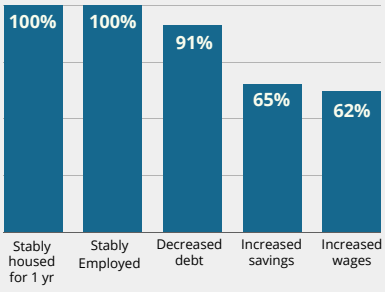
Increased Job Skills
38%

38% of Circles Davis County participants enrolled in certificate programs to boost their skills.

Rose to Living Wage
16%

One of the top ways to get out of poverty is to increase income. 16% of families who participate in Circles programs increase their income to living wage.

After 1 year of being in Circles program



Community Action Partnership

Open Doors is one of nine Community Action Agencies in Utah, and the only one in Davis County.

Community Action is a national partnership of organizations with the mission to change people's lives, embody the spirit of hope, improve communities, and make America a better place to live. Community Action is dedicated to helping people help themselves and each other.

Open Doors Community Action programs help meet community needs through a food bank, case management, crisis prevention, and tax preparation. In the last year, Open Doors Community Action Partnership was able to assist 1,402 unduplicated individuals in Davis County with needs varying from one-time crisis rent payments, to emergency utility assistance, to helping pay apartment application fees.

Tax Returns Completed
1,056

Through the Volunteer Income Tax Assistance Program (VITA), Open Doors helped process 1,056 federal tax returns and almost 300 earned income tax credit applications.

Pounds of Food Given
834,335

Our food bank is the front line of defense for those in-crisis. When families and individuals know they have enough food, they are able to focus on meeting other needs. Open Doors provides a 3-5 day supply of food.

Services Provided
7,388

Our Community Action Partnership served 7,388 duplicated individuals this year with services including rent and utility assistance, crisis support, and more!

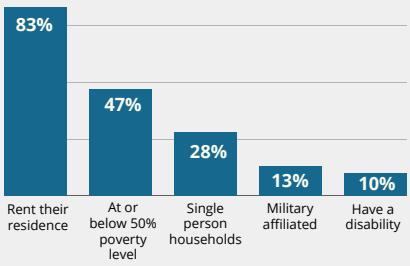
Rent and Arrears
1,968

When unforeseen circumstances cause families or individuals to get behind on rent or utilities, we can help! Our funding allowed us to assist with 1,968 rent and rent arrears payments.

28% of program participants hold a full-time job while receiving our services.

19% of program participants hold a part-time job while receiving our services.

Demographic Spread: Who We Serve



Family Support

Open Doors Family Support program strengthens families and works to decrease family stress, and child abuse and neglect.

In 2021, 9,062 children in Utah were confirmed as victims of abuse or neglect. The forms of and reasons for this abuse are varied, but Open Doors works with parents to ensure that they have the resources they need so that home situations can remain peaceful and safe for all family members.

Resources available through Open Doors Family Support programs include a crisis nursery, respite care services, and parenting classes.

Last year, Open Doors family services served 149 duplicated children and 122 duplicated adults. Most of the families who utilize our services report a decrease in stress levels, and eased strained relationships in the home.

Lowered Stress
81%

Parents can bring their children to the respite nursery for 3 hours once per week. 81% of these parents reported that their stress was lowered through the use of this service.

Eased strained relations
74%

Both children and parents are able to take a break during respite care. 74% of parents using the crisis and respite nursery report that it eased strained relationships.

Unduplicated Families
76

Our nursery is different than a daycare: our maximum child-to-adult ratio is 4:1. Throughout the year, our nursery served 76 unduplicated families.

Ages served
0-11

Crisis and Respite Nursery Services are available for children ages 0 through 11. The children receive trauma-informed care from our staff.

Hours of Care Provided

Supplemental Care:
This is when parents are on-site for parenting classes or meeting with a case manager. These hours were provided over 11 visits.

Crisis Nursery Care:
Crisis is generally defined as a child at risk of abuse or neglect, a death in the family, or a medical emergency. Crisis care hours were provided over 22 visits.

Respite Nursery Care:
Respite care is scheduled time where children visit the nursery in blocks of three hours once per week. These hours were provided over 995 visits.

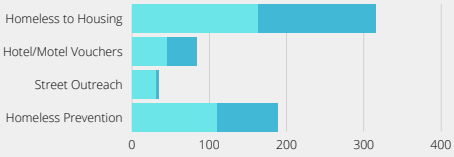
Homeless to Housing

Homeless to Housing is a rapid rehousing program for individuals experiencing homelessness or housing instability. Homelessness in this program is defined as staying in a place not meant for human habitation, staying in emergency shelter, or fleeing or attempting to flee domestic violence.

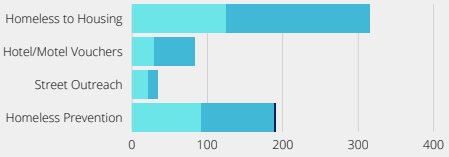
Open Doors Homeless to Housing program runs in three sections. Last fiscal year, there was a fourth section, Homeless Prevention, which had its case managers switched to Community Action.

The other three categories are Homeless to Housing, Street Outreach, and Hotel/Motel Vouchers when funding is available.

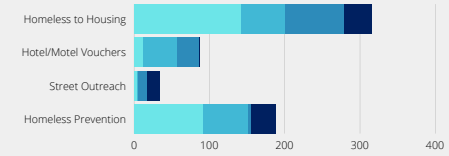
Distribution of individuals over 18 vs under 18



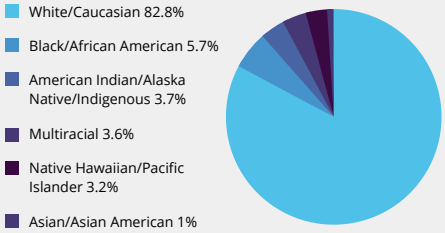
Distribution of males, females, and nonbinary individuals served



Distribution of program exits to their own rental, a friend/family/hotel, a shelter or location not designed for human habitation, and unknown/disappeared



Racial distribution of individuals served



Reported Domestic Violence

30%

Of those who reported they were experiencing domestic violence, 46% reported that they were currently fleeing domestic violence.

Experience a Chronic Health Disorder

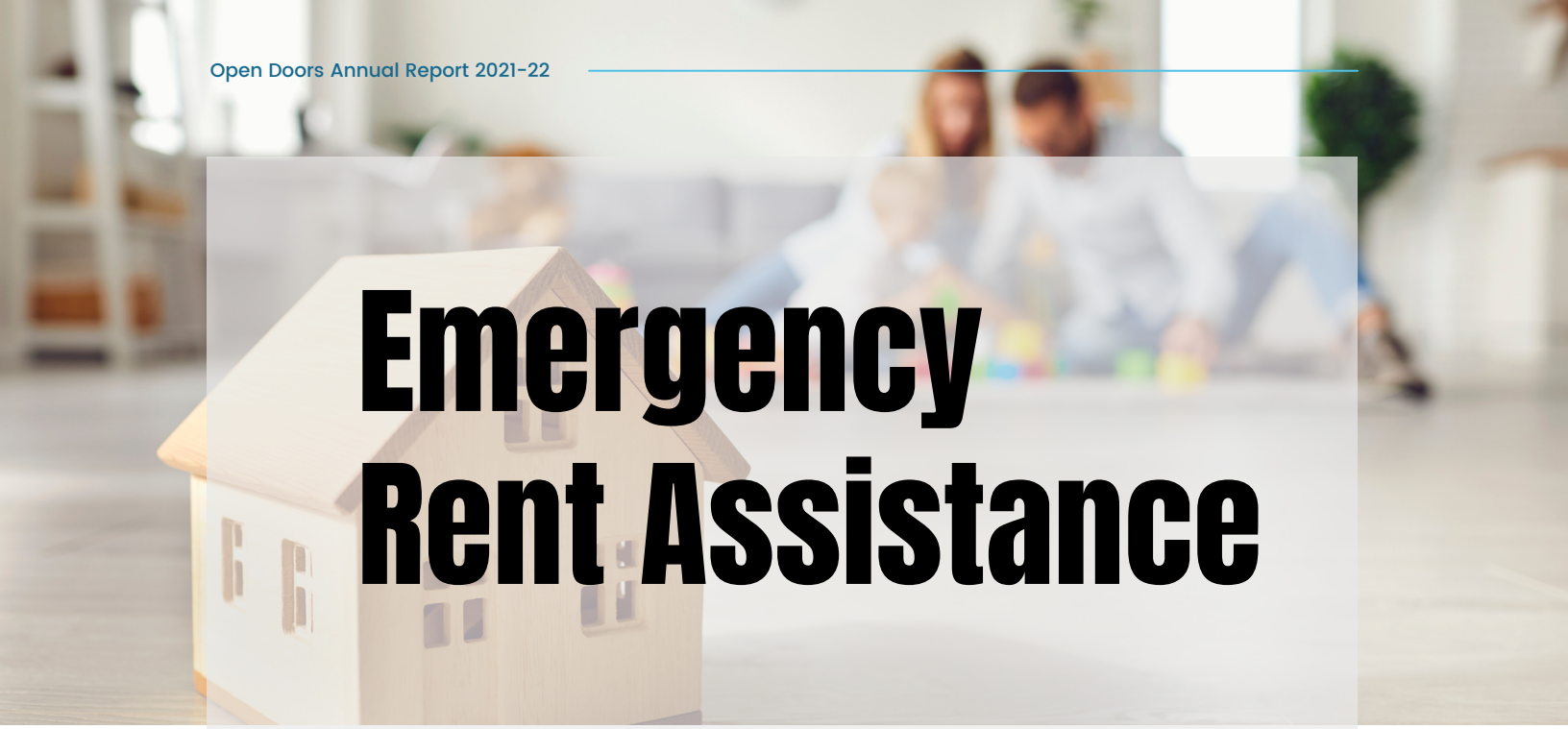
42%

42% of adults served by our Homeless to Housing programs reported that they experience at least one chronic health disorder.

Experience a Mental Health Disorder

58%

58% of adults served by our Homeless to Housing programs reported that they experience at least one mental health disorder.



Emergency Rent Assistance

Emergency Rent Assistance, nestled under Open Doors' Homeless to Housing program, came as a direct result of the impacts of COVID-19. Low-income families and individuals struggled to maintain their housing with added costs of inflation, additional time taken off work to quarantine, and often losing their jobs in the economic downturn.

Eligible uses of these funds have included current rent, prospective rent, rent arrears, eligible fees, security deposits, and utilities. In the previous year, Open Doors received funding directly from the State of Utah to provide this assistance. This fiscal year, however, Open Doors served as an application administrator of sorts, helping people to determine eligibility for assistance, fill out the applications, check on the status of applications, and answer any questions along the way.

Thanks to gracious funding to administer this program, in addition to providing community education about COVID-19 and rent resources available, Open Doors was able to assist 1857 individuals in 982 families with Emergency Rent Assistance.

Rent Their Residence
95.93%

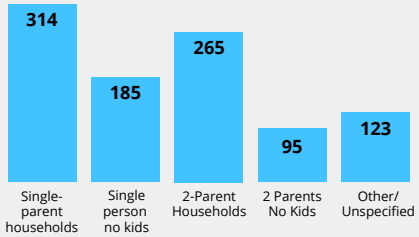
Davis County has seen a 33% decrease in home ownership in in the last 3 years. 95.93% of those served by rent assistance rent their residence.

34% of those receiving rent assistance were employed. In comparison, 37% of those we served were unemployed.

Between 51%-75% Poverty Level
91%

100% of those served by Rental Assistance are low-income. 91% of these families and individuals were between 51% and 75% poverty level

Households Served by Type



Receive Only Rent Assistance
9.4%

Only 9.4% of those served by the Rent Assistance program were receiving ONLY this help. This means 90.6% of participants are also participating in other Open Doors programs.